



## LI'LDOC Educational worksheets

GOALS: Awareness, education, entertainment, reassurance

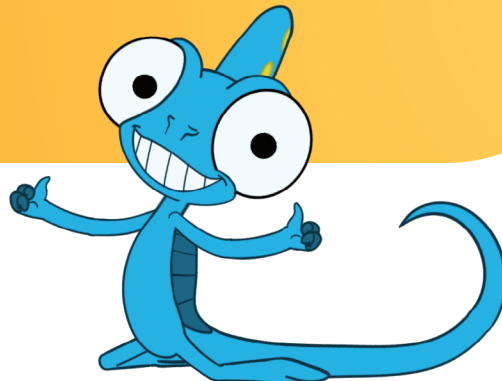
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# CHARADES 100% PREVENTION



### Goal of the activity

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## Materials

Word list or picture cards.

### STEP 1

After watching the episode on **The difference between a cold and the flu** (or an episode on infections such as otitis, sinusitis, pharyngitis, hand-foot-and-mouth disease...), start a family discussion by asking your children to recall the various essential concepts and good practices Li'lDoc' recommends for prevention.

### STEP 2

Play a game of charades with your children on the topic of the cold and flu. Each player takes a turn, facing everyone else (or each other, if there are just two of you). The goal is to have the player act out a concept or thing and the audience guess it:

**For ages 8-9:** the words you wrote down or whispered in their ear. Examples: coughing in your elbow, virus...

**For ages 6-7:** the images you will show them (on the cards). You can prepare clues to complement the charades, in case other participants have trouble guessing the right answer.

